



# TURKEYFOOT 2015-16 MENU

Students must select a minimum of 3 items to qualify as a reimbursable lunch!  
Students must take at least one fruit or vegetable.

LUNCH  
PRICE:  
**\$2.75**

**EAT A RAINBOW OF FRUIT AND VEGETABLES EVERY DAY!**

**NEW IN 2015-16**



- RED**  
To improve heart & blood health & support joints
- ORANGE**  
To prevent cancer & promote collagen growth
- YELLOW**  
Helps your heart, vision digestion & immune system
- GREEN**  
Powerful detoxers, fight free radicals, improve immune system
- BLUE/PURPLE**  
Improve mineral absorption, powerful antioxidants
- WHITE**  
Activate our natural killer cells & reduce cancer risk



**HOMEMADE CHEESY BREADSTICKS MADE WITH A HOMEMADE LOW FAT GARLIC PASTE AND RISING WHOLE GRAIN DOUGH**

**AVAILABLE TUESDAYS AND THURSDAYS**

Our Pizzas and Cheesy Breadsticks are made with low fat cheese and whole grain crusts.

## Coventry Schools Weekly Rainbow Offerings

Red Seedless Grapes, Cantaloupe, Bananas, Apples, Orange Juice, Strawberries, Baby Carrots, Fresh Romaine Salads, Sweet Potato Fries, Fresh Steamed Broccoli, Sliced Cucumbers, Pineapple Tidbits,

**mySchoolBucks®**  
**SCHOOL MEAL PAYMENTS MADE EASY!**  
www.myschoolbucks.com  
Sign Up At

PAY FOR YOUR STUDENT'S MEALS ONLINE!  
QUICK & CONVENIENT YOU CAN:  
→ Set Up Recurring Payments  
→ Track & Review Meal History  
→ Create Low Balance Alerts  
... and more!  
DOWNLOAD OUR MOBILE APP!

SIGN UP FOR YOUR FREE! ACCOUNT TODAY!

**GREEN PRINT INDICATES VEGETARIAN OPTION**

ALL BREAD, PASTAS, RICE, PIZZA CRUSTS AND BREADING ARE WHOLE GRAIN TO COMPLY WITH FEDERAL STANDARDS.

The USDA is an equal opportunity provider and employer.





# TURKEYFOOT 2015-16 MENU

Students must select a minimum of 3 items to qualify as a reimbursable lunch!  
Students must take at least one fruit or vegetable.

LUNCH  
PRICE:  
**\$2.75**

## APRIL 2016

|  | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|--|---|---|--|---|---|
| <b>WEEK 3 (Beginning)</b><br><br><b>April 4th</b>  | <b>PILLSBURY MINI PANCAKES</b><br>with 1.5 oz Slice of Fried Ham<br>or PEPPERONI OR CHEESE PIZZA<br>PICK 1 or 2: TATOR TOTS<br>BABY CARROTS W/ DIP<br>PICK 1: WARM CINNAMON SUGAR<br>APPLE SLICES<br>4oz ORANGE JUICE         | <b>WALKING TACO</b><br>(TACO MEAT, CHEESE AND LETTUCE IN A BAG OF REDUCED FAT DORITOS)<br>or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE<br>PICK 1 or 2: BUTTERED CORN<br>BABY CARROTS w/ DIP<br>PICK 1: STRAWBERRY CUP<br>OR CANNED PEARS<br><b>BONUS—GIANT GOLDFISH GRAHAM</b> | <b>CORN DOG (Chicken)</b><br>or STRAWBERRY YOGURT W/ HOT SOFT PRETZEL<br>or PEPPERONI OR CHEESE PIZZA<br>PICK 1 or 2: (4) POTATO SMILES<br>ROMAINE SALAD w/ DRSG<br>PICK 1: PINEAPPLE CHUNKS<br>Sliced Banana w/ CHOC. DRIZZLE<br><b>BONUS – CHOCOLATE CHIP COOKIE</b>                     | <b>POPCORN CHICKEN</b><br>W/ W.W. MINI HOT SOFT PRETZEL<br>or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE<br>PICK 1 or 2: BBQ Baked Beans<br>SLICED CUKES W/ DIP<br>PICK 1: PEACHES<br>FRESH APPLE SLICES w/ DIP   | <b>GRILLED CHEESE SANDWICH</b><br>OR SLOPPY JOE SANDWICH<br>PICK 1 or 2:<br>OVEN BAKED CURLY FRIES<br>BABY CARROTS W/ DIP<br>PICK 1: FRESH CANTALOUPE<br>CINNAMON APPLESAUCE<br><b>BONUS—FORTUNE COOKIE</b>         |
| <b>WEEK 4 (Beginning)</b><br><br><b>April 11th</b> | <b>3 FRENCH TOAST STIX</b><br>W/ SYRUP w/ 1.5 oz Slice of Fried Ham<br>or PEPPERONI OR CHEESE PIZZA<br>PICK 1 or 2: TATOR TOTS<br>BABY CARROTS W/ DIP<br>PICK 1: FLAVORED APPLESAUCE<br>4oz ORANGE JUICE                      | <b>(5) CHICKEN NUGGETS</b><br>W/ W.W.DINNER ROLL<br>or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE<br>PICK 1 or 2: MASHED POTATOES<br>ROMAINE SALAD w/ DRSG<br>PICK 1: STRAWBERRY CUP<br>CANNED PEARS  | <b>ALL BEEF HOT DOG</b><br>ON A BUN<br>or STRAWBERRY YOGURT W/ SOFT PRETZEL<br>or PEPPERONI OR CHEESE PIZZA<br>PICK 1 or 2: WAFFLE FRIES<br>ROMAINE SALAD w/ DRSG<br>PICK 1: PINEAPPLE TIDBITS<br>Sliced Banana w/ CHOC. DRIZZLE   | <b>CHICKEN PATTY SANDWICH</b><br>or MACARONI & CHEESE<br>PICK 1 or 2: BROCCOLI W/ CHEESE SCE<br>SLICED CUKES W/ DIP<br>PICK 1: PEACHES<br>FRESH APPLE SLICES w/ DIP<br><b>BONUS—CARNAVAL COOKIE</b>             | <b>NACHOS W/REAL NACHO CHEESE SAUCE</b><br>OR BURGER OR CHEESEBURGER<br>PICK 1 or 2: CRUNCHY, CHEESY<br>REFRIED BEANS<br>SUNSET SIP—BLENDED VEGGIE JUICE<br>PICK 1: ORANGE WEDGES<br>CINNAMON APPLESAUCE            |
| <b>WEEK 1 (Beginning)</b><br><br><b>April 18th</b> | <b>PILLSBURY MINI PANCAKES</b><br>W/ SYRUP w/ 1.5 oz Slice of Fried Ham<br>or PEPPERONI OR CHEESE PIZZA<br>PICK 1 or 2: TATOR TOTS<br>BABY CARROTS W/ DIP<br>PICK 1: FLAVORED APPLESAUCE<br>FRUIT PUNCH JELLO (100% Juice)    | <b>CHOICE OF JUMBO CRUNCHY OR SOFT TACO w/ lettuce and cheese</b><br>or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE<br>PICK 1 or 2: BUTTERED CORN<br>BABY CARROTS w/ DIP<br>PICK 1: STRAWBERRY CUP<br>CANNED PEARS<br><b>BONUS—FUNSIZE DORITOS</b>                               | <b>5 MINI CORN DOGS</b><br>(Turkey)<br>or STRAWBERRY YOGURT W/ SOFT PRETZEL<br>or PEPPERONI OR CHEESE PIZZA<br>PICK 1 or 2: (4) POTATO SMILES<br>ROMAINE SALAD w/ DRSG<br>PICK 1: PINEAPPLE CHUNKS<br>Sliced Banana w/ CHOC. DRIZZLE<br><b>BONUS – CHOCOLATE CHIP COOKIE</b>               | <b>POPCORN CHICKEN</b><br>W/ MINI HOT SOFT PRETZEL<br>or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE<br>PICK 1 or 2: BBQ Baked Beans<br>SLICED CUKES W/ DIP<br>PICK 1: PEACHES<br>FRESH APPLE SLICES w/ DIP        | <b>PEPPERONI OR PEPPERONI AND SAUSAGE PIZZA</b><br>OR HOT SOFT PRETZEL W/ REAL NACHO CHEESE SAUCE<br>PICK 1 or 2: BROCCOLI W/ CHEESE SCE.<br>BABY CARROTS W/ DIP<br>PICK 1: FRESH CANTALOUPE<br>CINNAMON APPLESAUCE |
| <b>WEEK 2 (Beginning)</b><br><br><b>April 25th</b> | <b>NEW BREAKFAST CROISSANT SANDWICH</b><br>(egg, cheese, bacon or TURKEY sausage)<br>or PEPPERONI OR CHEESE PIZZA<br>PICK 1 or 2: 1 POTATO TRIANGLE<br>BABY CARROTS W/ DIP<br>PICK 1: FLAVORED APPLESAUCE<br>4oz ORANGE JUICE | <b>(5) CHICKEN NUGGETS</b><br>W/ W.W.DINNER ROLL<br>or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE<br>PICK 1 or 2: SEASONED CURLY FRIES<br>ROMAINE SALAD w/ DRSG<br>PICK 1: STRAWBERRY CUP<br>CANNED PEARS   | <b>5 BBQ MEATBALLS</b><br>W/ LARGE HOT SOFT PRETZEL<br>or STRAWBERRY YOGURT W/ HOT SOFT PRETZEL<br>or PEPPERONI OR CHEESE PIZZA<br>PICK 1 or 2: BROCCOLI W/ CHEESE<br>ROMAINE SALAD w/ DRSG<br>PICK 1: PINEAPPLE CHUNKS<br>Sliced Banana w/ CHOC. DRIZZLE<br><b>BONUS – FORTUNE COOKIE</b> | <b>CHICKEN PATTY SANDWICH</b><br>or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE<br>PICK 1 or 2: GREEN BEANS<br>SLICED CUKES W/ DIP<br>PICK 1: PEACHES<br>FRESH APPLE SLICES w/ DIP<br><b>BONUS—CARNAVAL COOKIE</b> | <b>NACHOS W/REAL NACHO CHEESE SAUCE</b><br>OR BURGER OR CHEESEBURGER<br>PICK 1 or 2: TEX MEX BAKED BEANS<br>SUNSET SIP—BLENDED VEGGIE JUICE<br>PICK 1: ORANGE WEDGES<br>CINNAMON APPLESAUCE                         |

**GREEN PRINT INDICATES VEGETARIAN OPTION**

ALL BREAD, PASTAS, RICE, PIZZA CRUSTS AND BREADING ARE WHOLE GRAIN TO COMPLY WITH FEDERAL STANDARDS.

**The USDA is an equal opportunity provider and employer.**



# TURKEYFOOT 2015-16 MENU

Students must select a minimum of 3 items to qualify as a reimbursable lunch!  
Students must take at least one fruit or vegetable.

LUNCH  
PRICE:  
**\$2.75**

## March 2016

|  | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   |
|--|--|---|---|---|--|
| <b>WEEK 3 (Beginning)</b><br><b>February 29th—</b><br><b>March 4th</b> | <b>PILLSBURY MINI PANCAKES</b><br>with 1.5 oz Slice of Fried Ham<br>or PEPPERONI OR CHEESE PIZZA<br>PICK 1 or 2: TATOR TOTS<br>BABY CARROTS W/ DIP<br>PICK 1: WARM CINNAMON SUGAR<br>APPLE SLICES<br>4oz ORANGE JUICE      | <b>WALKING TACO</b><br>(TACO MEAT, CHEESE AND LETTUCE IN A BAG OF REDUCED FAT DORITOS)<br>or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE<br>PICK 1 or 2: BUTTERED CORN<br>BABY CARROTS w/ DIP<br>PICK 1: STRAWBERRY CUP<br>OR CANNED PEARS<br><b>BONUS—GIANT GOLDFISH GRAHAM</b> | <b>CORN DOG (Chicken)</b><br>or STRAWBERRY YOGURT W/ HOT SOFT PRETZEL<br>or PEPPERONI OR CHEESE PIZZA<br>PICK 1 or 2: (4) POTATO SMILES<br>ROMAINE SALAD w/ DRSG<br>PICK 1: PINEAPPLE CHUNKS<br>Sliced Banana w/ CHOC. DRIZZLE<br><b>BONUS – CHOCOLATE CHIP COOKIE</b>  | <b>POPCORN CHICKEN</b><br>W/ W.W. MINI HOT SOFT PRETZEL<br>or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE<br>PICK 1 or 2: BBQ Baked Beans<br>SLICED CUKES W/ DIP<br>PICK 1: PEACHES<br>FRESH APPLE SLICES w/ DIP     | <b>GRILLED CHEESE SANDWICH</b><br>OR SLOPPY JOE SANDWICH<br>PICK 1 or 2:<br>OVEN BAKED CURLY FRIES<br>BABY CARROTS W/ DIP<br>PICK 1: FRESH CANTALOUPE<br>CINNAMON APPLESAUCE<br><b>BONUS—FORTUNE COOKIE</b>                |
| <b>WEEK 4 (Beginning)</b><br><b>March 7th</b>                          | <b>3 FRENCH TOAST STIX</b><br>W/ SYRUP w/ 1.5 oz Slice of Fried Ham<br>or PEPPERONI OR CHEESE PIZZA<br>PICK 1 or 2: TATOR TOTS<br>BABY CARROTS W/ DIP<br>PICK 1: FLAVORED APPLESAUCE<br>4oz ORANGE JUICE                   | <b>(5) CHICKEN NUGGETS</b><br>W/ W.W.DINNER ROLL<br>or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE<br>PICK 1 or 2: MASHED POTATOES<br>ROMAINE SALAD w/ DRSG<br>PICK 1: STRAWBERRY CUP<br>CANNED PEARS  | <b>ALL BEEF HOT DOG</b><br>ON A BUN<br>or STRAWBERRY YOGURT W/ SOFT PRETZEL<br>or PEPPERONI OR CHEESE PIZZA<br>PICK 1 or 2: WAFFLE FRIES<br>ROMAINE SALAD w/ DRSG<br>PICK 1: PINEAPPLE TIDBITS<br>Sliced Banana w/ CHOC. DRIZZLE  | <b>CHICKEN PATTY SANDWICH</b><br>or <b>MACARONI &amp; CHEESE</b><br>PICK 1 or 2: BROCCOLI W/ CHEESE SCE<br>SLICED CUKES W/ DIP<br>PICK 1: : PEACHES<br>FRESH APPLE SLICES w/ DIP<br><b>BONUS—CARNAVAL COOKIE</b>  | <b>NACHOS W/REAL NACHO CHEESE SAUCE</b><br>OR BURGER OR CHEESEBURGER<br>PICK 1 or 2: CRUNCHY, CHEESY REFRIED BEANS<br>SUNSET SIP—BLENDED VEGGIE JUICE<br>PICK 1: ORANGE WEDGES<br>CINNAMON APPLESAUCE                      |
| <b>WEEK 1 (Beginning)</b><br><b>March 14th</b>                         | <b>PILLSBURY MINI PANCAKES</b><br>W/ SYRUP w/ 1.5 oz Slice of Fried Ham<br>or PEPPERONI OR CHEESE PIZZA<br>PICK 1 or 2: TATOR TOTS<br>BABY CARROTS W/ DIP<br>PICK 1: FLAVORED APPLESAUCE<br>FRUIT PUNCH JELLO (100% Juice) | <b>CHICKEN OR CHEESE QUESADILLA</b><br>or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE<br>PICK 1 or 2: BUTTERED CORN<br>BABY CARROTS w/ DIP<br>PICK 1: STRAWBERRY CUP<br>CANNED PEARS<br><b>BONUS—FUNSIZE DORITOS</b>   | <b>5 MINI CORN DOGS</b><br>(Turkey)<br>or STRAWBERRY YOGURT W/ SOFT PRETZEL<br>or PEPPERONI OR CHEESE PIZZA<br>PICK 1 or 2: (4) POTATO SMILES<br>ROMAINE SALAD w/ DRSG<br>PICK 1: PINEAPPLE CHUNKS<br>Sliced Banana w/ CHOC. DRIZZLE<br><b>BONUS – CHOCOLATE CHIP COOKIE</b>                                  | <b>POPCORN CHICKEN</b><br>W/ MINI HOT SOFT PRETZEL<br>or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE<br>PICK 1 or 2: BBQ Baked Beans<br>SLICED CUKES W/ DIP<br>PICK 1: PEACHES<br>FRESH APPLE SLICES w/ DIP          | <b>PEPPERONI OR PEPPERONI AND SAUSAGE PIZZA</b><br>OR <b>HOT SOFT PRETZEL W/ REAL NACHO CHEESE SAUCE</b><br>PICK 1 or 2: BROCCOLI W/ CHEESE SCE.<br>BABY CARROTS W/ DIP<br>PICK 1: FRESH CANTALOUPE<br>CINNAMON APPLESAUCE |
| <b>SPRING BREAK—March 21st—March 25th</b>                              |  |   |   |   |  |
| <b>WEEK 2 (Beginning)</b><br><b>March 28th—</b><br><b>April 1st</b>    | <b>BREAKFAST CROISSANT SANDWICH</b><br>(egg, cheese, bacon or TURKEY sausage)<br>or PEPPERONI OR CHEESE PIZZA<br>PICK 1 or 2: 1 POTATO TRIANGLE<br>BABY CARROTS W/ DIP<br>PICK 1: FLAVORED APPLESAUCE<br>4oz ORANGE JUICE  | <b>(5) CHICKEN NUGGETS</b><br>W/ W.W.DINNER ROLL<br>or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE<br>PICK 1 or 2: SEASONED CURLY FRIES<br>ROMAINE SALAD w/ DRSG<br>PICK 1: STRAWBERRY CUP<br>CANNED PEARS   | <b>4" TURKEY &amp; CHEESE SUB</b><br>(SERVED ON A FRESH BAKED SUB BUN)<br>or STRAWBERRY YOGURT W/ HOT SOFT PRETZEL<br>or PEPPERONI OR CHEESE PIZZA<br>PICK 1 or 2: BROCCOLI W/ CHEESE<br>ROMAINE SALAD w/ DRSG<br>PICK 1: PINEAPPLE CHUNKS<br>Sliced Banana w/ CHOC. DRIZZLE<br><b>BONUS – FORTUNE COOKIE</b> | <b>CHICKEN PATTY SANDWICH</b><br>or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE<br>PICK 1 or 2: GREEN BEANS<br>SLICED CUKES W/ DIP<br>PICK 1: : PEACHES<br>FRESH APPLE SLICES w/ DIP<br><b>BONUS—CARNAVAL COOKIE</b> | <b>NACHOS W/REAL NACHO CHEESE SAUCE</b><br>OR BURGER OR CHEESEBURGER<br>PICK 1 or 2: TEX MEX BAKED BEANS<br>SUNSET SIP—BLENDED VEGGIE JUICE<br>PICK 1: ORANGE WEDGES<br>CINNAMON APPLESAUCE                                |

GREEN PRINT INDICATES VEGETARIAN OPTION

ALL BREAD, PASTAS, RICE, PIZZA CRUSTS AND BREADING ARE WHOLE GRAIN TO COMPLY WITH FEDERAL STANDARDS.

The USDA is an equal opportunity provider and employer.